

What Are “Gnats”?

“Gnats” is a common name for several types of tiny flying insects. Depending on what you're seeing, the source may be houseplants, drains, food waste, moisture, or other organic material.

Before Your Technician Arrives:

- ☐ **Let us know where you are seeing the most activity.** Identifying where small flies are concentrated can help us locate the source.
- ☐ **Check houseplants** & allow potting soil to dry appropriately between waterings. Empty excess water from plant saucers.
- ☐ **Clean kitchen & bathroom drains.**
- ☐ **Clean food spills** & residue, remove overripe produce & keep trash and compost containers clean.

After Treatment:

- ☐ **Continue addressing moisture problems**, including overwatered plants & plumbing leaks.
- ☐ **Keep drains & garbage disposals clean** to reduce organic buildup.
- ☐ **Refrigerate produce** & clean spills promptly.
- ☐ **Keep trash** & compost containers covered & empty them regularly.
- ☐ **Keep doors & screens** in good condition to reduce entry from outside.

What to Expect:

Recurring gnat activity usually has a source. Continued activity may indicate that eggs or immature stages were already present or that another source remains. Removing food, moisture & breeding conditions is an important part of long-term control.